

# Rotary



# Club of Houma

## Guest Speaker - Kirbie Chaisson - Terrebonne General Health System - Wellness for Life



Kirbie Chaisson -  
Terrebonne General  
Health System-  
Wellness for Life

Director of Employer and Consumer Health, Registered Nurse by trade. Graduated from Nicholls State University in 2013. I have been with Terrebonne General since early 2016. I started my career at Terrebonne General as Wellness Coordinator and just landed back in this role due to my passion for it. Just a few of the programs I created at the start of my role are Corporate Wellness, Executive Health, Well & Wise (Senior Wellness Program), U-Thrive (Cancer Wellness Program), Market @ the Marina.

I currently oversee Corporate Wellness, Executive Health, Sudden Impact, Community Nurse Education, Car Seat Safety, Community CPR, Super Sitters Babysitting Program and Terrebonne General's Mobile Clinic.

Title and short synopsis of your topic on your program/presentation: Why wellness screenings are important.

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## ROD - Elmy Savoie - Executive Director of the Foundation for Terrebonne General Health System

Rotarian of the Day Name: Elmy Savoie

Year you joined Rotary: 2020

Name of the Rotarian who proposed you to join the Rotary Club of Houma: Jerry Ledet

Employer/Company and your position: Executive Director of the Foundation for Terrebonne General Health System

Hobbies: Volunteering, traveling, reading, and retail therapy

Family information that you would like to share: Married to Jeff Savoie with two children, Sara and Joseph



A brief statement explaining why you accepted the invitation to become a Rotarian: I was reluctant to join because I never understood the purpose of Rotary. It was not until I became a member that I began to appreciate and understand the important role that our organization has contributed to and continues to serve in our community. I'm so proud to have accepted the invitation and can now fully appreciate our mission of being a better citizen through service to our community.

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## Weekly Words of Wisdom -

"Service Above Self" - It is about being able to do something for your fellow human, it is about giving hope in times of desperation, it is about making a difference ...

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## Weekly Luncheon Menu for 3-20-24

Hawaiian Chicken and Shrimp Stew  
White Rice and Roasted Potatoes  
Yellow Squash, red onions, and Zucchini  
Tossed salad with tomatoes, red onions, cucumbers, cheese, bacon bits, garlic croutons  
Dessert and coffee

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## Upcoming Club Activities - EarlyAct & Interact Programs with elementary schools

The Rotary Club of Houma has leadership programs with the following schools: Coteau Bayou Blue Elementary, H.L. Bourgeois High School, Mulberry Elementary School, and St. Matthew's Episcopal School. Ask your fellow Rotarian how to get involved with our EarlyAct and InterAct programs in these schools...

HL Bourgeois InterAct meetings are on Mondays at 12:01 p.m. on the following dates: 3/18, 4/8, 4/22, 5/6  
Coteau Bayou Blue Elementary School EarlyAct meetings are at 7:30 a.m. on the following dates: 4/5, 5/7  
Mulberry Elementary School EarlyAct meetings are at 7:30 a.m. on the following dates: 4/17  
St. Matthew's Episcopal School:

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### Events

No Events found

### Years of Service

Stephanie Corso  
10 Years  
Timothy Allen  
2 Years

Ashlee Esther Champagne  
2 Years  
Joseph G Kopfler II  
0 Years

Aubrey Orgeron Jr.  
2 Years

### Birthdays

Erin Rushing  
March 19th

Andre' Brunet  
April 5th

Reuben Williams  
April 12th

### District Officers



[Ken Firmin](#)  
District Governor



[Craig Walling](#)  
DG-Elect



[Chris Duhon](#)  
DG-Nominee

### Club Officers



[Morgan Allison](#)  
President



[Craig Hebert](#)  
President-Elect



[John K. Tipton Jr.](#)  
Secretary



[David M Ohlmeyer](#)  
Treasurer



[Carroll D. McKey III](#)  
iPast President



[Brenda M. Faucheux](#)  
Club Executive Secretary

### Club Meeting

Houma  
Meets at Plantation Inn - Houma  
Plantation Inn 1381 W Tunnel Blvd  
Houma, LA 70360  
Time: Wednesday at 12:00 PM